



ACFC CONNECTIONS

YOUR MONTHLY GUIDE TO NEWS, INFORMATION AND EVENTS



JULY 2026

Celebrate Freedom With the ACFC!

This is a special year in which we celebrate the 250th anniversary of the founding of our nation and our individual freedoms. The ACFC thrives to provide you and your family with individual freedoms from financial, emotional and everyday struggles. The [ACFC website](#) is the cornerstone of resources that we have brought together to help you thrive and be free to live your most productive and fulfilling lives.



Be sure to check the website regularly to access the support and help when need it, where you need it.

Health and Wellness Awareness

[Family Reunion Month](#)
[Parks and Recreation](#)
[Social Wellness](#)

[Juvenile Arthritis Awareness](#)
[Picnic Month](#)
[Ultraviolet Safety Awareness](#)

[Grilling Month](#)
[Sarcoma Awareness](#)

Spring Health

Spring Health has an expansive Support Center where you can learn about what services are available to you and your family and how to access them. Topics include:

- Introduction to Spring Health
- Spring Health Benefits
- Scheduling Appointments
- Care for Children and Teens
- Medical Records

Access the Support Center at <https://careteam.springhealth.com/hc/en-us>

Visit verizon.springhealth.com to create your account and take advantage of the programs



Bright Horizons Supporting ACFC Families

If you have a child heading to college be sure to view these informative webinars from Bright Horizons.

- **Writing Your Best College Essay**
(Thursday, July 9, 2026, 7:00 p.m. ET)
- **College Admission Tests: When and How to Start**
(Tuesday, July 14, 2026, 12:00 p.m. ET)
- **Senior Summer: The Successful Transition to College**

Register for Bright Horizon Services using your 10-Digit Verizon Enterprise ID. This can be found on your Verizon Profile. Get started with Bright Horizons today: clients.brighthouse.com/acfc

ACFC Promotions

The ACFC offers their members FREE special promotions to help you balance your life on and off the job. These promotions can be found on the [ACFC website](#). Supplies are limited so be sure to visit the website regularly to see what promotions are currently being offered.

Look for new promotions coming soon!



Time for Summer Camp!



There's still time to book camp! When school's out and you have to work, we've got your back. Bright Horizons offers various summer camp programs for children, including Camp Explorations, which focuses on outdoor STEM, academic and creative arts. They also partner with other camps like Steve & Kate's Camp to offer flexible summer care options.

Reserve care at a Bright Horizons® center or at home.

Get Started Today! Visit clients.brighthouse.com/acfc or go to the [ACFC website](#) for all the details.

Monthly Website

[Save the Bees USA](#)

Did you know that one-third of our food depends on pollinators? Save The Bees USA is a nonprofit organization focused on education, conservation, and community action. They work with schools, beekeepers and local communities to protect pollinators and restore healthy ecosystems. Bees are essential for our environment and food supply! They pollinate plants, helping crops grow and ecosystems thrive. Without healthy habitats, pollinators cannot survive, and neither can we. Save the Bees USA works to educate young people on the importance of pollinators through the Bee Education Program. They strive to protect and restore bee habitats. You can support Save the Bees through your tax-deductible donations or by purchasing a Save the Bees t-shirt. Take some time to learn about the varieties of bees and find answers to your bee questions.



SAVE THE BEES
— USA —



Made in the USA

[Flowfold](#)

Flowfold began in 2010 to make everyday gear that is lighter, stronger, and lasts longer. Over the years they have explored new materials, new designs and expanded their team and products. They started with one wallet and grew to bags, backpacks, totes, pouches and even dog gear. They remain dedicated to three foundational principles: sustainable and durable materials, quality craftsmanship, and making all their products in the USA. Their wallets, backpacks and duffel bags are made from sail cloth and other eco-friendly fabrics making them lightweight and durable. You'll find a large selection of wallets, cross-body bags, backpacks, tote bags and duffel bags in a wide range of colors and patterns. They collaborate with several local Maine artists to bring a unique design to many of their products.

YOUR ACFC COMMITTEE

The ACFC is a joint CWA and Verizon committee negotiated especially to meet the family and daily-life needs of the CWA members in the mid-Atlantic. The council includes employees from sectors of union and management, all dedicated to helping you and your family thrive. The ACFC is responsible for researching, developing, evaluating, funding, monitoring, deploying, and communicating programs and initiatives in all areas of your work/life balance.

- Dutchin Carpenter - ACFC Coordinator - District 2-13-MD, VA, DC, WV
- Julie Boden - Verizon/Area Manager/I&M Construction
- Kelly Taylor - Verizon/LR
- Patrice Mears-Swift - District 2-13-DE, PA
- Shernell Saunders - Verizon Senior Manager-EEO
- Dana Hazzard - District 1 NJ

