

Free, award-winning online parenting courses brought to you by the ACFC

-in partnership with Active Parenting

Active Parenting Now

For parents of children
ages 5 to 12

In six sessions, you'll learn:

- effective discipline
- styles of parenting
- how to open up communication
- how to instill courage & self-esteem
- ways to develop responsibility



Find new ways to tackle common parenting problems, including . . .

- bedtime battles
- homework hassles
- chore wars
- fussy eating
- tough talks

Since 1983, Active Parenting courses have helped millions of parents raise children who are cooperative, responsible and courageous.

Now you can take an Active Parenting class any time, day or night, from the comfort of your own home. Your Active Parenting Now Online Group will "meet" over the internet.

This 6-session course combines entertaining video with online group discussion and activities. It is designed for parents of children ages 5 to 12, and each group is led by an experienced parenting educator.

Crossroads of Parenting & Divorce An online seminar for divorcing parents

In five lessons, you'll learn how to:

- Keep your child out of the middle
- Allow your child to love both parents
- Work on your own recovery
- Develop new communication skills
- Create a positive new relationship as co-parents

Five Steps to Healthy Co-Parenting -- Better for you, Better for Your Kids

Crossroads of Parenting & Divorce Online Groups is an online seminar designed to help you minimize the harm caused when, in anger and bitterness, you may lose sight of your child's needs. Through this 4-hour class, you will become aware of how your actions may inadvertently harm your children, learn how to establish a positive co-parenting relationship, and acquire the skills you need to stay child-focused.

This online seminar combines video, activities, skill development, and discussion. The easy-to-read Parent's Guide provides vital information and gives examples and exercises to support what you have learned.

Take advantage of this unique opportunity!

The ACFC invites you to join an online parenting class
from Active Parenting- at no charge to you!

These video-based, entertaining classes fit any busy
schedule. For more details and to join a group, go to:

www.ACFCcares.com and click on
the Active Parenting tab.