

TAKE YOUR HEALTH OUT OF THE SHADOWS

With a healthier lifestyle, you can be fitter, feel better & enjoy life more.

GlobalFit, our healthy living benefit provider, gives you & your family big savings to help you live right & feel your best.

Let the sun shine on a healthier new you. You can make it happen. GlobalFit makes it affordable.



EXERCISE & GYMS

- Guaranteed lowest rates at thousands of gyms
- GlobalFit Virtual Gym with easy-to-follow videos & community support
- Exclusive low rates on home equipment



WEIGHT LOSS & NUTRITION

- GlobalFit Virtual Nutrition Coach for balanced nutrition & real results
- Nutrisystem® at \$30.00 off their best advertised price
- Health Coaching for professional 1-on-1 phone/online help



www.globalfit.com
800.294.1500

GlobalFit
The Source for a Better You