



# Understanding differences can help you succeed in the workplace

## Your Employee Assistance Program (EAP) is here to help you figure out where to start

A multicultural workplace can offer you the chance to meet people who have different ethnicities, races, religions, genders and abilities. And you can use those differences to build open and respectful relationships with your co-workers. There's also a big chance that your customers will come from diverse backgrounds too. So why not use the opportunity at work to understand other cultures and use it to grow your career? Having a multicultural point of view can be a powerful tool to help you create healthy connections with people from a different culture, find out what makes your clients and community unique, and learn new communication skills. Your Employee Assistance Program (EAP) can be your guide and help you find the information and resources you need to become a champion for diversity at work.

Log on to our website this month to read these feature articles:

- Celebrating diversity at work: cultural variety
- How well do you manage diversity?
- How to communicate with cross-cultural colleagues
- Celebrating diversity at work: pro-diversity management



Visit our website or call for free, confidential help from our team of EAP experts.\*

[anthem.com/eap/verizon](https://anthem.com/eap/verizon)  
1-888-441-8674

\*In accordance with federal and state law, and professional ethical standards, all information you provide is confidential.

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