



# MONTHLY PARENTING TIP FROM ACFC

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Learn more about the Styles of Parenting and other ways to develop courage, responsibility and character in your children by joining an Active Parenting Online Group. This six-week, video-based interactive class is being offered free to CWA represented employees in DE, MD, PA, NJ, VA, WV, Washington, DC or can purchased at a discounted rate for non-CWA represented employees.

Visit [www.ACFCcares.com](http://www.ACFCcares.com) and click on the Active Parenting link under Education and Training for more information and to register for the next available class.



## Styles of Parenting

What style of parenting do you use? Many of us either gravitate to the style of parenting we were brought up with or do our best to avoid parenting our children as we were parented. There are distinct styles of parenting and each style does have it's pros and it's cons, but the "active" style of parenting is ideal for raising children in today's fast-paced democratic society. Children who are allowed to make choices and face the consequences of these choices at any early age are much more likely to make the right choice when faced with the pressures of adolescence.

**Find out what style of parent you are by taking the fun, interactive "What's Your Parenting Style ?" quiz at [www.activeparenting.com/parentquiz.htm](http://www.activeparenting.com/parentquiz.htm).**

### Autocratic Style: The Dictator

- Has absolute control, and is all-powerful in dictating the lives of his or her children
- Children are told what to do, how to do it, and when to do it
- There is little or no room for them to question, challenge, or disagree
- Children who grow up in this environment seldom thrive and may rebel, especially in the teen years

### Permissive Style: The Doormat

- Allow their children to "do their own thing" too much of the time
- There is usually little respect for order and routine in the household
- Parents allow children to walk all over them
- Children raised in this environment are often difficult to live with

### Authoritative Style: The Active Parent

- The middle ground between the Dictator and Doormat styles
- The parent is the leader who encourages cooperation and stimulates learning
- There is order and routine, and every person is an important member of the family.
- Children are treated with dignity and respect, even when being disciplined and are entitled to respectfully express their thoughts and feelings

